LAHDENTALOT

Instructions for the sauna premises

- 1. Please clean the changing room after use. Dispose your garbage into the garbage bin, please do not leave any smelly garbage in there (sanitary towels, diapers etc.).
- 2. Please rinse the bathroom, including all the washing-up buckets, after use. Please do not wet the walls of the sauna.
- 3. Please use warm water to the sauna stove as it lengthens the age of the rocks in the stove. Make sure the sauna pail and ladle are removed from the sauna after use.
- 4. Please use a sauna bench cover.
- 5. Please do not use a birch whisk in the sauna or grill sausage on the sauna stove.
- 6. Hair colouring and candle burning is forbidden in the sauna premises.
- 7. When you leave the sauna premises please close all the doors and windows behind you.
- 8. Please do not bring pets in the sauna premises.
- 9. Smoking is forbidden in all indoor premises.
- 10. Sauna turn reservations can be booked from the service company. Sauna turn reservations are in use also at midweek holidays. Christmas sauna is traditionally at Christmas Eve. Communal sauna turn "lenkkisauna" is reserved only for the residents.